



**AWESOME
MARRIAGE**

WEEKLY MARRIAGE CHECK UP GUIDE

BE GREAT LIFE PARTNERS

START WITH A PRAYER AND A HUG

THE BANK

- Update the budget and check in with each other about finances

ASK EACH OTHER

- How do you feel about how you stewarded your finances this week? Is there any way we need to steward our finances better?

THE CALENDAR

- Look over your schedules for this week together

ASK EACH OTHER

- Is there anything you need to communicate with each other about your schedules? Is there anything that still needs to be planned or prepared for?
 - When will you spend time together this week?
 - What day(s) might be tough for you based on what you have on your calendar? How can you serve each other well on those days?
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MARRIAGE CHECK IN

ASK EACH OTHER

- What was your "high" from last week? One praise, good thing, or simple joy that happened during the week.
- What was a "low" from last week? One thing that was hard, disappointing, frustrating, or discouraging.
- What was one thing you learned last week?
- What is one specific thing I can do for you this week?
- Is there any conflict, hurt, or sin that we need to resolve or seek forgiveness for?
- How do you feel like our sex life and closeness has been this week?
- Is there an aspect of our marriage that we need to focus on this week? If so, how will we make it a priority?
- How can I pray for you this week?

END BY HOLDING HANDS AND SAYING A QUICK PRAYER.